

**Table 2.23-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR
PERSONS 18 YEARS AND OLDER: 1997 TO 2000**

[Weighted percent of adults who reported the health risk behaviors or conditions]

Risk factor 1/	1997	1998	1999	2000
Seatbelt non-use	12.8	(NA)	(NA)	(NA)
Acute drinking 2/	17.1	(NA)	14.0	(NA)
Chronic drinking 3/	5.0	(NA)	5.2	(NA)
Drinking and driving	2.4	(NA)	2.3	(NA)
High cholesterol	31.5	(NA)	27.6	(NA)
Hypertension	23.9	(NA)	22.7	(NA)
Lack of exercise 4/	(NA)	5/ 18.0	5/ 25.5	23.2
Poor nutrition 6/	(NA)	72.5	(NA)	(NA)
Diabetes	5.0	5.6	5.2	5.2
Current smokers 7/	18.7	19.5	18.5	19.7
Overweight 8/	(NA)	5/ 48.3	(NA)	50.2
Obese 9/	(NA)	16.4	15.7	15.7

NA Not available.

1/ Certain risk factor data are collected only on alternating years.

2/ Five or more alcoholic beverages on at least one occasion, in the past month.

3/ Sixty or more alcoholic beverages in the past month.

4/ Physically inactive. No leisure-time physical activity reported during the past month. Category was changed from the one used to measure exercise in previous *Data Book* tables.

5/ Revised.

6/ Less than five fruits and vegetables a day.

7/ Listed as "cigarette smoking" in previous *Data Book* tables.

8/ Overweight or obese. Body mass index (BMI) greater than or equal to 25. Criteria used in this table differs from the criteria used in previous *Data Book* tables.

9/ Body mass index (BMI) greater than or equal to 30.

Source: Hawaii State Department of Health, Office of Health Status Monitoring, Behavioral Risk Factor Surveillance System (BRFSS) <<http://www.state.hi.us/doh/stats/surveys/brfss.html>> accessed June 13, 2002.